



AEROPRESS INVERTED

Brewing Methods by OCW

AeroPress

The AeroPress is a device for brewing coffee in which the coffee is steeped in a brewing chamber and then forced through a filter by pressing the plunger through the tube.

What to do

- 1 Set up AeroPress in the inverted position: Place the plunger inside the brewing chamber with the black rubber part on number 4. Flip upside down and place the top of the plunger on the table.
- 2 Place 1-2 AeroPress scoops of medium grind coffee into the brewing chamber.
- 3 Pour hot water, just off the boil, into the chamber so it is half full.
- 4 Stir gently 4 times with the stirrer.
- 5 Fill up chamber to the top.
- 6 Allow to brew for 30-60 seconds. Whilst coffee is brewing, rinse filter under water and place into filter cap.
- 7 Twist filter cap onto the brewing chamber.
- 8 Flip AeroPress over onto a sturdy mug. Gently press down on plunger. It should take 20-30 seconds to depress.
- 9 Dilute concentrated brew with hot water or milk to your liking.